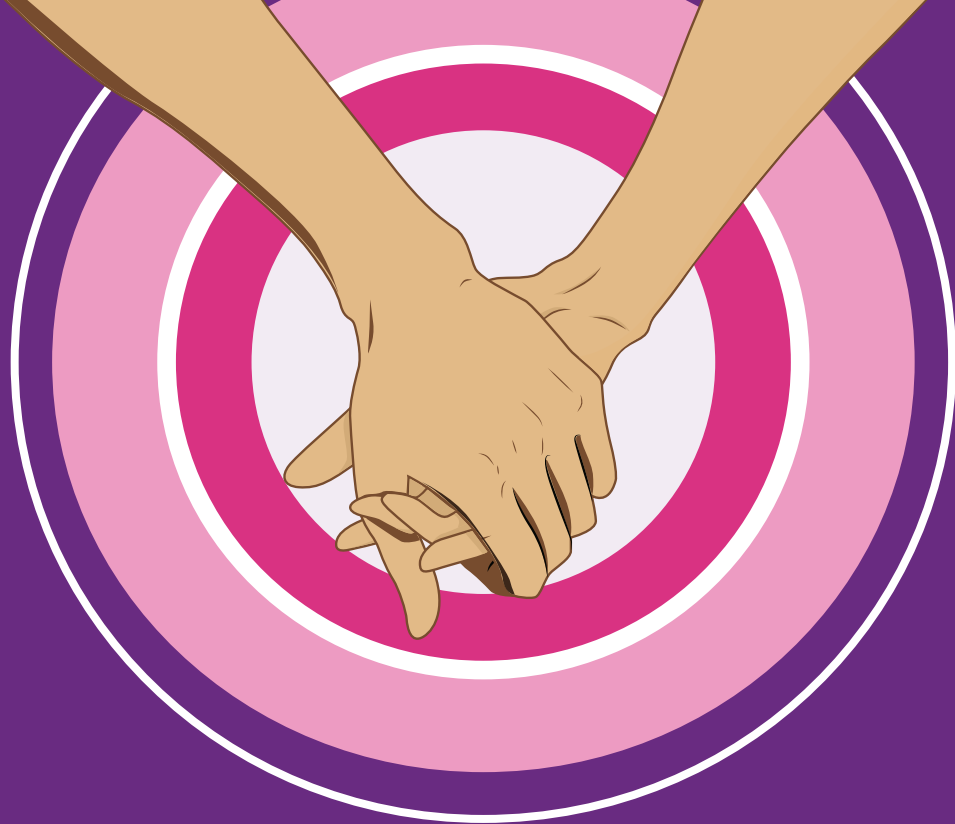


Safe CIRCLE SUPPORT GROUP

for City of Alexandria
residents who are survivors
of intimate partner violence

Tuesdays / 7–8 pm
In-person group* starts May 3



This 8-week confidential support group is for survivors of intimate partner violence. In this group, participants will learn to:

- better understand the dynamics of intimate partner violence and its effects;
- learn about tools and resources to stay safe;
- share with others in a safe space; and
- be supported as participants will learn skills to navigate through their healing process.

Questions? Contact Myra Richardson
at 703.746.4911.

PARTICIPANTS MUST REGISTER.
RSVP by April 26 to 703.746.4911.

A children's support group will be held simultaneously. Child care will be provided for younger children.



WHAT IS INTIMATE PARTNER VIOLENCE?

Intimate partner violence (IPV) is abuse or aggression that occurs in a romantic relationship. "Intimate partner" refers to both current and former spouses and dating partners. IPV can vary in how often it happens and how severe it is. It can range from one episode of violence that could have lasting impact to chronic and severe episodes over multiple years.



Source: www.cdc.gov/violenceprevention/intimatepartnerviolence/fastfact.html

*Maximum of 10 participants.

4.13.2022